

ANYONE CAN
DEVELOP
PSYCHOSIS. IT IS
MORE COMMON
THAN PEOPLE KNOW
WITH
APPROXIMATELY 3
IN 100 PEOPLE ARE
AFFECTED.

»»»

SYMPTOMS USUALLY
BEGIN BETWEEN
THE AGE OF 16 AND
30

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FIRST EPISODE
PSYCHOSIS IS A
PROGRAM FOR
PEOPLE AGE 16-30
EXPERIENCING
FIRST-EPISODE
PSYCHOSIS.

CHILDREN'S SYSTEM OF CARE

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**FUNDING MADE
POSSIBLE BY:**



FIRST EPISODE PSYCHOSIS



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**BEHAVIORAL HEALTH AND
RECOVERY SERVICES
(BHRS)**



ARE YOU OR A FAMILY MEMBER...

- * Experiencing, hearing or seeing things that others do not?
- * Having thoughts or beliefs that appear to you or others as strange?
- * Withdrawing from family and friends?
- * Feeling fearful or suspicious of others?

Untreated Psychosis tends to worsen. Seeking help promptly is critical for getting back on track and preventing further problems.

The first step is to call us. We will talk with you. We may recommend a further assessment, as the next step.

OUR MISSION, VALUES AND WHO WE ARE >>>>

Children's System of Care is a team dedicated to presenting hope and offering support to individuals and families struggling with the onset of psychosis-based illness. CSOC exists to collaborate, encourage, educate, and provide resources to these individuals and their families in every area of their recovery.



WHO WE SERVE >>>>

An individual may be eligible for services if they:

Live in Merced County

Are between the ages of 16-30

Have been experiencing unusual thoughts and behaviors, or hearing and seeing things that others do not within the past 24 months

PARTICIPANTS WILL >>>>

- * Receive Individual psychotherapy typically based on cognitive behavior therapy (CBT) principles.
- * Receive Case Management which helps clients with problem solving. The case manager may offer solutions to address practical problems, and coordinate social services across multiple areas of need.
- * Receive family support and education; teaches family members about psychosis, coping, communication, and problem-solving skills.
- * Engage collaboratively with medications options to help reduce psychosis symptoms.

