

IMPORTANT NOTICE

In an abundance of precaution for our seniors and friends, Area Agency on Aging (AAA) office doors are closed to the public. However, we are providing the services listed below using recommendations from the California Public Health Department and Governor Newsom's request that all seniors, 65 and older, stay home due to the coronavirus (COVID-19).

MEALS ON WHEELS

Five frozen meals are available to those 60 years and older who are homebound. All meals meet 1/3 of the recommended dietary allowance (RDA) for adults. **Service will continue as scheduled.**

CONGREGATE MEAL PROGRAM

Public Health recommends that gatherings are temporarily stopped. Enrolled seniors can pick up a To-Go meal at the congregate sites. Site activities will not be offered in an effort to decrease any potential coronavirus exposure. All meals meet 1/3 of the recommended dietary allowance (RDA) for adults.

HEALTH INSURANCE COUNSELING AND ADVOCACY PROGRAM (HICAP)

This program provides free and unbiased information about Medicare and other health insurance options. **In-person interviews will be temporarily suspended and all interviews will be conducted by telephone.**

PROGRAM TO ENCOURAGE ACTIVE, REWARDING LIVES FOR SENIORS (PEARLS)

This free program helps those feeling down, sad, or blue. New referrals are being accepted. **In-person visits will be temporarily suspended and those enrolled will have sessions completed over the telephone.**

OMBUDSMAN PROGRAM

Ombudsman are dedicated to the interests of residents and patients under long-term care. Concerns related to care and operations of a facility will continue to be handled, using Public Health and Ombudsman guidelines set up to ensure the safety of residents. **To reach the Ombudsman please call, (209) 385-7402.**

OLDER ADULT SYSTEM OF CARE (OASOC)

This is a holistic program offering a variety of services, focused on providing for the protection, care and support of older adults, their family members, and care providers. **Medical information will be provided over the phone and in-person as determined by the Public Health Nurse.** Referrals to community partners will continue to be provided.

**To inquire about any of these services please contact the
Merced County Area Agency on Aging
at (209) 385-7550.**